

CADS Board Nomination Form

NOMINATION FORM

Board Election, March 27, 2017

Nominated by:

Seconded by:

NNEAU



Name of nominee: Barbara Cartmel

Brief Bio of nominee:

I moved to the Eastern Townships from Montreal over 40 years ago and reside in Magog, Quebec. I studied accounting at Bishop's University in Lennoxville and am the owner of two local area businesses. Bolton Tech is a stainless steel polishing operation that has been in operation for over thirty years. More recently I started Les Entreprises SNB Energie in 2010 to import LED energy efficient lighting from Asia. In my spare time, I love to ski with my grandchildren, play golf, take walks along Lac Memphremagog and read. I've recently developed a passion for traveling.

Relevant Experience:

- CSIA Level 2 instructor, CSFC Level 1, and CADS Level 2 designations.
- Active volunteer with the Adaptive Sports chapter in the Eastern Townships
- Member of the Board of Directors — Adaptive Sports Foundation, Knowlton, QC
- Member of the Board of Directors — Quebec CADS Division (1 year left on mandate)
- Past President — Canadian Institute of Management — involved with CIM for 12 years .
- Fund Raiser & Organizer — Golf Tournament for Adaptive Sports Foundation — 2015 & 2016. The tournament is in the organizational stage for 2017.
- First female President of the Hermitage Club, a golf club on the shores of Lac Memphremagog, from 1999-2001 and an active volunteer on the Ladies Committee.

I have been actively involved with Peter Treacy, founder of the Adaptive program at Mont Owl's Head organizing and working at a year-end ski race for the Adaptive students. This race was run by my family and volunteers for 12 years. We purchased the medals, set up and ran the race and provided the meals, refreshments and entertainment for the skiers, family members and the adaptive sports volunteers.

My involvement in the winter ski program has given me great pleasure and a chance to pass on a love of sports to the participants in both winter and summer programs. It is so wonderful to see the



smiles on everyone's faces at the end of the day and knowing that you helped to give each person a special memory. The best way to multiply your happiness is to share it with others and this is my long term goal with the Foundation.

Personal goals for CADS:

As a member of the CADS Board I feel that I will be able to assist in many aspects of activities to raise funds for the CADS Programs. My enthusiasm is endless and my goal is to implement programs and activities that will make the CADS successful for years to come. My involvement in winter and summer programs gives me first-hand knowledge and a realistic point of view to bring to the Board meetings on the daily management of the QC foundation which in turn will support the prospective goals of the CADS Canada Board.

I realize there will be a learning curve for me to understand how the national board operates and its goals and objectives for the future. I believe the combination of my professional and prior adaptive sports experience would bring a valuable perspective to the CADS board.

Office use only:

Nomination received on: Feb 15th, 2017 sh